

5 mile charity
FUN RUN OR WALK

THE
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RUN

IN MEMORY OF FORMER GAELS

IN AID OF THE IRISH HEART FOUNDATION AND
MONAGHAN HOSPICE HOME CARE

SATURDAY 4th AUGUST

LOCATION: START / END AT
SCOTSTOWN GAA GROUNDS

REGISTRATION: 2.00PM ON DAY
OR BY RETURN OF ENTRY FORM

START TIME: 4:30pm

ENTRY FEE: €10

Measured and timed Course

Prizes for Men & Women – 1st, 2nd, 3rd

Team Competitions:

Fastest GAA club

Fastest Pub team

Quickest Mr & Mrs!

Refreshments served afterwards

Changing facilities available

Family Entertainment

All Walkers Welcome

Fancy Dress Welcome!

Followed by Recreational Football
Tournament Finals then Evening Barbecue



MONAGHAN HOSPICE
HOME CARE



ENTRY FORM 2012

PLEASE COMPLETE IN BLOCK CAPITALS

FIRST NAME:

SURNAME:

ADDRESS:

CONTACT NUMBER:

EMERGENCY CONTACT:

Please ensure you write your name and emergency contact information clearly on the reverse of your race number

CATEGORY

Team Competitions:

GAA Team

☐

Pub Team

☐

Mr & Mrs

☐

DECLARATION

Please enter me into The Ned Run being held on the 4th of August 2012 at Scotstown GAA grounds. I enclose the entry fee of €10. I understand that I enter the **Scotstown GAA grounds and the Ned Run** at my own risk and that I undertake to ensure I am medically fit to participate and that I wear appropriate personal protective equipment as per my personal requirements. I understand that neither **Scotstown GAA club** or our sponsors, associate sponsors, or patrons, will be held responsible for any accident suffered or injury sustained by myself from any cause whatsoever, or for any property lost, mislaid or stolen, on the course or at the changing areas. Furthermore, I hereby grant full permission to any of the foregoing to use photographs, films or recordings of the event for any legitimate purpose. I agree to abide by all lawful instructions issued to me by An Garda Síochána or the stewards on the Course on the day. I have read, understand and agree to all of the above.

SIGNATURE: _____

DATE: ____/____/2012

PLEASE COMPLETE & RETURN TO: The Ned Run, Scotstown PO, Monaghan

Use of iPods

The organisers strongly advise against the use of an iPod / Earphone or a similar device whilst participating in the event. You may not be able to hear instructions or safety warnings from our stewards. Be aware that even closed roads will have course vehicles and Emergency vehicles passing competitors. **IF YOU CANNOT HEAR, YOU ARE IN DANGER.**